

To Keep In Touch

FEBRUARY 2010
MARCH 2010



“Boldly Embrace Our Future in 2010”

Our Alliance year is flying by!!! It is less than a month till the first day of Spring. There is so much to look forward to and to celebrate. I am so happy to have received several invitations from counties across the state to attend your special events and am planning on attending as many as possible.

The Board meeting January 20th was well attended. Brent Mulgrew shared with us the OSMA's position on the National Healthcare debate with us. We also had extra time to share our thoughts, ideas and issues regarding our National Alliance. Our next Board meeting is March 24th in Hilliard at OSMA Headquarters and every member is invited to attend and take part.

Doctor's Day is March 30th and it is our opportunity to celebrate our

physician spouses. Because we all love a Doctor....I know that you and your Alliance are busy with special plans for blood drives, physician recognition events, and all sorts of special little touches to make our Doctor spouses feel honored. Don't forget to nominate your project for an OSMA Alliance Award. They are due by March 31st to our Doctor's Day Chair, Mariam Sandhu.

Before we know it, it will be time for our Annual Convention! This year we are celebrating 70 years of our Alliance's existence and service. Mark your calendar now for this VIP meeting to be held in Hilliard at Headquarters **May 13-14**. We will be using the Marriott Northwest Hotel across from the Tuttle Mall for our sleeping accommodations. The price is \$129 per night and the **cutoff date for making reservations is April 21st**. We will have a wonderful installation and din-

ner for Patty Kamienski, our incoming Alliance President for 2010-2011. Our convention chairs, Sue Dingle and Hangameh Nassef, are planning a wonderful convention I am sure you will enjoy attending. Every Alliance member is invited to attend. Make your reservations today and plan on coming to this special celebration of our Alliance's 70th Birthday as we continue to “Boldly Embrace the Future... because we all love a Doctor!” Enjoy the coming of Spring. It is a season of endless possibilities.

Cindy Batie
OSMAA President

INSIDE THIS ISSUE:

Why Convention?	2
What's Happening Around the State	3
Headquarters News	4
Calendar	4

A Note from Past State President ... Tom Swan

Many of you will remember Deborah Blackwell. She was our Administrative Coordinator a while back. She married a man named Bill Howard about five years ago. Several of us attended the wedding; she was radiant like no bride I have ever seen. In February, she found him outside the house, apparently collapsed from a heart attack while shoveling snow. She called 911 and he was taken to the emergency room where it was discovered he had a gunshot wound to the chest. His funeral was on February 15th. I attended the funeral and extended love and prayers from all of us. Please keep Deborah in your prayers. Her faith is sustaining her through this difficult time. If you would like to send her a card here is her mailing address:: Mrs. Bill E Howard, 982 Bulen Ave, Columbus, OH 43206-1806 — Tom Swan

AMA Foundation and Ohio Honor Fund

A couple years ago the OSMA Alliance pledged \$10,000 to the Ohio Honor Fund through the AMA. If you would like to donate to this found here are the procedures:

1. All checks, whether personal or from your County Alliance **must** be made payable to the **AMA Foundation**.
2. On your check where it says “Memo”, you should write “Ohio Honor Fund”.
3. On the AMA forms (*many are outdated*) write in “OH. Honor Fund” under the space where “university codes” are designated (if it's an Ohio medical school).
4. Please do not staple checks to the forms.
5. Send all checks to Kathleen Prasnal, Mrs. Kathleen Prasnal, 270 Orion Rd NE, North Canton, OH 44720-8602. If you have any questions please call me at: 330-494-2699 or email: kathypras@hotmail.com.

Thank you so much.
Kathleen Prasnal

**DON'T FORGET TO SIGN UP FOR OUR 70th ANNUAL CONVENTION
(INFORMATION ENCLOSED)**

OSMA Alliance Annual Meeting News.....

Bunny Johnson will be in charge of the “In Memoriam” this year. Please send in the names of your members that have passed away this year, so we can honor their memory.



Why Convention?



For the past 70 years, members of the Ohio State Medical Association Alliance (formerly Auxiliary) have been leaders in service with time, money and love in a cooperative effort with our communities. Counties work primarily to meet their own community needs but unite to share ideas and spread health education information across the state. We have a remarkable history. A history of dedication and hard work by our members in achieving these great feats. And we “whistle while we work”. There is a great joy in meeting together, doing fund raising and deciding how to share our talents and profits. **This is truly the fun part!**

Once a year we gather in a formal assembly from communities all over Ohio to celebrate our success and plan for our future—CONVENTION. Conventions are a meeting of delegates, elected or appointed to represent their constituent counties in accordance with the state organization’s documents of authority. Conventions provide a showcase for county alliances to display their talents and achievements. The bond we share as alliance members, together with the fact that work done individually and as counties is done to inform and support the medical family and to enhance the quality of life through health education, legislation and community service throughout Ohio. This truly makes ours a unique group. Those we have helped, friendships formed, places we have met together, problems we have explored and solved all become part of the kaleidoscope which reflects the true picture of our past, our present and a look into our future. But, don’t forget FUN!

One thing I may have failed to mention... For good or bad, about the convention... Where women (at home are those sweet little wives)... Lead dangerous and exciting lives. And many, leaving dusty houses... Have fun without regard to spouses. Where chairmen rap and rap repeatedly... Call for order rather heatedly. Where suddenly the new loudspeaker... Goes off, or anyhow grows weaker. Where many people get acquainted... And someone in the back has fainted. Where motions and emotions blend... And it is midnight at the end. So home you go with joy and bliss... Convention, an event you shouldn’t miss. **MAY 13-14, 2010 at the OSMA Headquarters, Hilliard... See you there! — By Joy Myers, PRP, CPP-T**

OSMA News.....

The debate on health system reform has greatly intensified in recent months. The Ohio State Medical Association is working diligently to make sure that if and/or when reform is passed it is in the best interest of Ohio physicians and their patients. **The best way to help your spouses right now is to join the Ohio State Medical Association Political Action Committee (OSMAPAC).** You already know the advantages of membership in the OSMA Alliance, here are some of the benefits to joining the OSMAPAC:

- Quarterly updates of current state and national political information
- Invitations to local political events
- Regular updates on political activities of concern to Ohio’s physicians
- Political “muscle” to fight insurance companies and trial lawyers



The OSMAPAC has established a membership category for spouses. With your contribution of \$100 (Alliance Sustaining Membership), you will help support a stronger health care delivery system. To join OSMAPAC, please return your personal check to: OSMAPAC, 3401 Mill Run Dr., Hilliard, OH 43026. You can also join the OSMAPAC online. You will need your OSMA username and password, please visit www.osmapac.org. Your donation to the OSMAPAC **will** make a difference. If you would like further information about the OSMAPAC, please contact Laura Padgitt, OSMA Political Affairs Coordinator, at (614) 527-6747 or lpadgitt@osma.org. Thank you in advance for your support of the OSMAPAC!

LOGO Items!!!!

Hope you all are fairing well through all of this snowy weather! I just wanted to remind everyone that we still have logo items for sale through Cindy at headquarters. An order form is attached and can be mailed or faxed to Cindy and she will pack up your order and send it your way! This is the perfect weather to zip yourself into a cozy OSMA-A logo hooded sweatshirt, curl yourself up in front of the fire and sip your favorite warm beverage from an OSMA-A logo mug. And if you must go out in this blustery weather, put that warm beverage into an OSMA-A logo travel cup, throw everything into a roomy OSMA-A logo tote (red or black!) and travel safely. All of our logo items also make great end-of-year gifts for your county board members and committee chairpersons. Order early to be sure you get the quantities and sizes you need. Thank you for your support and let’s all think “Spring!” — Bev Devine

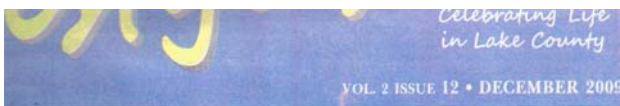
What's Happening Around the State.....

Fairfield County is doing well. We have regular monthly meetings and have been averaging 20 ladies. We focus heavily on community giving. This year we have taken on helping with the purchase of an ultrasound machine for the new Pregnancy Decision Health Care (PDHC) Center in Fairfield County. We have been involved in providing meals at a free health clinic called Maywood Mission. We have given to the "Run for the Roses", which will contribute to an interactive walking path for the handicap. In September we helped serve at the Wine Tasting for proceeds to go to the hospital's foundation. November, we hold a "shop around" at the hospital. In December, we always take on a large family recommended by the hospital to provide food and gifts for Christmas. This year we also will take a donation for what is called "Grace Haven". This is a home for women who have been recently released from prison to help them get back on their feet. The rest of our year we spend on raising scholarship funds to give to students going into medical related studies.

Franklin County—"Celebrate Women" - Our November scholarship fundraiser event, "Celebrate Women," was a smashing success! Fun was had by all who attended. **Andrea Cambern**, a local television anchor/community volunteer and our keynote speaker, was a delight as she described her experiences breaking into TV reporting and on the job. She gave wise advice as to how to deal with stress to lessen its physical and mental effects on your body. Thirteen **boutique** vendors presented their wares so everyone could start their holiday shopping, while Le Flair and Belles & Beaux provided women's and children's clothing respectively for our **style show**. Four of our five **scholarship recipients** attended the luncheon along with OSMAA President-elect **Patti Kamienski**. Member **Judy Coleman**, the lucky girl, won the **raffle prize** of a diamond necklace. We made \$3,531.23 for our scholarship fund.



Left to right: Aireen Aguilar, Patti Kamienski, Bunny Johnson, Andrea Cambern, Kathy Harter



The LCMA Quilt: paying it forward



Raychell Berardinelli, left, holds the quilt made by her mother, Tywana Berardinelli, right. Tywana hopes to provide a scholarship for another aspiring student with proceeds from the quilt raffle to be held by the Lake County Medical Alliance.

PAINESVILLE - The Lake County Medical Alliance (LCMA) is selling raffle tickets for a one-of-a-kind quilt hand made by Tywana Berardinelli, the mother of a four-year recipient of LCMA scholarship awards. LCMA scholarships fund allied health education. The one-of-a-kind queen-size quilt was pieced in the flying geese pattern and tufted by hand with more than 450 Czechoslovakian glass beads. Ten doves fly on the quilt, symbols of peace and caring. But this is not what makes this quilt remarkable. Berardinelli, of Painesville, presented this work of art to the LCMA in gratitude for four years of scholarships given to support her daughter Rachael's dream of becoming a nurse. Raychell Berardinelli, a fourth-year nursing student at the University of Akron, has received \$4,600 over four years in scholarships from the LCMA. Now that Rachael is nearly done with her studies, her mom wants to help the LCMA raise funds so that other health careers scholarship can be given to a future student. The quilt will be raffled to raise funds for the scholarship program. For ticket information, call Jen Scerbo at 286-8109.



Mahoning County Medical Society Alliance—hosted it's 6th Annual Champagne Brunch/Fashion Show on Thursday, February 25. The proceeds went to the Garden of Hope at the Akron Children's Hospital Mahoning Valley. **The MCMASA donated \$5,700 last year toward a pledge of \$22,500 for the garden.**

Stark County Medical Society Auxiliary—will be hosting their spring fashion show 'Under the Tuscan Sun' on March 16, 2010 at the Brookside Country Club. Proceeds go to support: medical scholarships, PAL Mission and the Children's Network.

Trumbull County—will be hosting a 'March for Meals Walk' at the Eastwood Mall—Target Concourse on Saturday, March 20, 2010. The proceeds will go to Trumbull Mobile Meals.

This page represents a few of the counties in the state. If you would like your county to be highlighted in one of our issues, please send the information in to: **Cindy Wolfe, OSMAA, 3401 Mill Run Drive, Hilliard, OH 43026** or email to: alliance@osma.org

OSMA Alliance Cookbook



Congratulations and thank you to Carol Sankovic for getting the recipes together and sending them off to the printer!!! We would also like to thank everyone who sent in their delicious recipes. The OSMA Alliance Cookbook will be available for purchase at our next board meeting which will be March 24th. We will also have them available for purchase for the low price of \$10.00 each at our Annual Convention in Hilliard on May 13-14, 2010.

**Ohio State Medical Association
Alliance**

Cindy Wolfe
Administrative Coordinator
3401 Mill Run Dr
Hilliard, OH 43026
Phone: 614-527-6750
Fax: 614-527-6763

2009-10 OSMA Alliance Officers

Cindy Batie, President
 Patty Kamienski, President Elect
 Jeanie Kupper, Vice President
 Mariam Sandhu, Secretary
 Suzanne Costandi, Treasurer
 Penny Combs, Immediate Past President
 Beverly Devine, Spirit & Marketing
 Mary Beth Ellison, Health Promotions Chair
 Katharine Harter, Legislative Liaison
 Sue Dingle, Strategic Planning Chair
 Hangameh Nassef, 2010 Convention
 Kathleen Prasnal, AMA Foundation Chair
 Retta Spreen, Bylaws Chair
 Diana (Dee) Talmage, Legislation Co-Chair
 Myra Cochran, Legislation Co-Chair
 Kristin Firth, Membership Chair
 Joy Myers, Parliamentarian
 Shirley Nicholson, Historian
 Mariam Sandhu, Doctor's Day Chair
 Tom Swan, Finance Chair
 Anila Varghese, Fall Focus Chair
 Penny Combs, Headquarters Chair
 Rosemary Yanik, Communications Chair
 Kathy Harter, OSMAPAC
 Dee Talmage, OSMAPAC
 Carol Sankovic, Cookbook Chair

2009-10 OSMA Alliance District Directors

Marlene A. Irvin, District Director 1
 Julie Nedelman, District Director 2
 Stephanie Patick, District Director 3
 Anna Seiwert, District Director 4
 Jennifer Scerbo, District Director 5
 Carol Sankovic, District Director 6
 Genevieve Germaniuk, District Director 7
 Susan Johnson, District Director 8
 Julia Randaisi, District Director 9
 Katharine Harter, District Director 10
 Mina R. Behi, District Director 11
 Beverly Devine, District Director 12

www.osmaalliance.org



Calendar of Events and Deadlines

3/24/2010	OSMA Alliance Board Meeting - 10 am at OSMA Headquarters, 3401 Mill Run Drive, Hilliard, OH 43026—please bring your laptop computers for training
3/31/2010	<p>Deadline for Communications Award—send all forms of communication and yearbooks for consideration of recognition at Convention by either emailing or sending them through the mail to: Rosemary Yanik, phone 419-878-4975, email: rosemary.yanik@yahoo.com. Directories and newsletters can be sent to me at 24772 West River Road, Perrysburg, Ohio 43551. If I am unavailable, please contact Cindy Wolfe or Cindy Batie for information. The AMA Alliance web site can be a tool to find information related to newsletters, directories and invitations.. Resources are free and can be downloaded. Go to : www.ama-assn.org.</p> <hr/> <p>Deadline for County Presidents Reports (<i>to be published in the Annual Convention packets</i>) - Reports may be submitted by e-mail: alliance@osma.org; fax: 614-527-6763; or mail to: Cindy Wolfe, OSMA Alliance, 3401 Mill Run Drive, Hilliard, OH 43026.</p> <hr/> <p>Deadline for Doctor's Day Award—Send to: or Mariam Sandhu, 3681 Oak Glen Cir NW, North Canton, OH 44720-6965, phone: (330) 244-0440 or Cindy Wolfe, OSMA Alliance, 3401 Mill Run Drive, Hilliard, OH 43026 or Fax: (614) 527-6763; E-mail: alliance@osma.org.</p> <hr/> <p>Deadline for Health Promotions Awards—mail your OSMAA entries to: Mary Beth Ellison, Health Promotion Chair, 726 White Tail Ridge Dr, Fairlawn, OH 44333-3290 (330) 670-0055 or E-mail: mbe@neo.rr.com</p> <hr/> <p>Deadline for In Memoriam—Reports may be submitted by e-mail: alliance@osma.org; fax: 614-527-6763; or mail to: Cindy Wolfe, OSMA Alliance, 3401 Mill Run Drive, Hilliard, OH 43026.</p> <hr/> <p>Deadline for Annual Reports from State Officers, District Directors & State Committee Chairs (<i>to be published in the Annual Convention packets</i>) - Reports may be submitted by e-mail: alliance@osma.org; fax: 614-527-6763; or mail to: Cindy Wolfe, OSMA Alliance, 3401 Mill Run Drive, Hilliard, OH 43026.</p> <hr/> <p style="text-align: center;">All forms can be found on the OSMA Alliance website: www.osmaalliance.org</p>
3/31/2010	TKIT article deadline—NEW DEADLINE!!!!!!
4/7/2010	Headquarters/Finance Committee Meeting—10 am at OSMA Headquarters
4/9-11/2010	Ohio State Medical Association Annual Meeting to be held at the Hilton Columbus at Easton
5/13-14/2010	OSMA Alliance 70th Annual Convention, to be held at the OSMA Alliance Headquarters, 3401 Mill Run Drive, Hilliard, OH 43026.
6/13-15-2010	2010 National Annual Meeting at the Marriott in Chicago, IL

Email Addresses — Please send your email address to:
www.alliance@osma.org